



**Clinic for  
Health & Medical Care  
Psychiatry & Psychotherapy**



Life is a touchstone for  
the truth of the spirit  
C.G. Jung

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**Our Medical Director**, Dr. Kowal, is a senior Consultant in Psychiatry and Psychotherapy. He graduated at the University of Heidelberg (Germany).

He is experienced in all fields of psychiatry and has a depth psychology based psychotherapeutical qualification. He worked over the last years in Germany as a Senior Consultant in the function as Head of Department in clinics for psychiatry and psychotherapy.



**Mission:** We take an integral approach on psychiatric illnesses therefore our focus is on the well-being of the people turning to us for help. They will be treated with respect, esteem and devotion. Our top priority will be to offer the best possible therapy in an intimate atmosphere under strict observation of medical confidentiality.

**Illnesses:** We treat those psychiatric disease patterns which we can handle in an outpatient setting. We support our patients in all their life crisis treating depressions, all kinds of anxiety (panic and generalized anxiety disorders), compulsive disorders, burn-outs, sleeplessness, dementias (like Alzheimer disease), mania, bipolar diseases, attention-deficit disorders and also psychosis in stable state.

**Diagnostics:** We offer in-depth psychiatric and neurological examination as well as psychological testing. We provide in our clinic or through our partners the complex laboratory testing, ECG, EEG, CCT, MRT, PET and other imaging procedures.

**Treatment** proceeds in accordance with a holistic and individual patient concept which means understanding and open-mindedness towards the cultural, religious and personal background of our patients. We employ most modern psychiatric and psychotherapeutic knowledge. Our patients are involved in the treatment according to personal and illness related aspects. Our scope is treatment, health preservation as well as prevention of illness.

**Quality Standards:** Internal Clinic organisation and therapeutically procedures comply with proven German standards in the healthcare sector and CPQ (Center for Healthcare Planning & Quality), the regulatory body of Dubai Health Care City.

**Location:** Our clinic is located in Dubai Health Care City.



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